



TOP GEAR ROADS SOUTH v2026

Way-Point No	Start Time	End Time	Section Time	Total Elapsed Time	Section Distance	Total Elapsed Distance	Section	Notes
1	09:30	09:45	00:00	00:00	0	0	Llanllwni assembly	Junction of B4336 and A485 W3W:///mows.flushed.duplicate
2	09:45	10:30	00:45	00:45	24	24	Llanllwni to Owl's Nest cafe	Lower Rd, Llandovery, SA20 0DJ
3	10:30	11:30	01:00	01:45	0	24	Coffee stop – 1 hour	Owl's Nest Opens at 10:30
4	11:30	12:05	00:35	02:20	20	44	Owl's Nest to Brecon bypass	A40
5	12:05	12:20	00:15	02:35	10	54	Brecon bypass to Bwlch	A40 to B4560 junction
6	12:20	12:50	00:30	03:05	7	61	Bwlch to Garnlydan	B4560 Llangynidr Top Gear Road
7	12:50	13:05	00:15	03:20	8	69	Garnlydan to Blaenavon	B4248
8	13:05	13:20	00:15	03:35	6	75	Blaenavon to Llanfoist	B4246
9	13:20	13:30	00:10	03:45	5	80	Llanfoist to Baffle Haus	A4042
10	13:30	14:30	01:00	04:45	0	80	Lunch stop – 1 hour	Baffle Haus The Cedars, Goetre, NP4 0AD
11	14:30	15:00	00:30	05:15	21	101	Baffle Haus to Dowlais	A4062 then A465
12	15:00	15:20	00:20	05:35	4	105	Dowlais to Pontsticill dam	10 minute stop
13	15:20	15:50	00:30	06:05	9	114	Pontsticill dam to Talybont dam	10 minute stop
14	15:50	16:10	00:20	06:25	12	126	Talybont dam to Libanus	B4558, A40 then A470
15	16:10	16:20	00:10	06:35	7	133	Libanus to Sennybridge	A4215
16	16:20	16:40	00:20	06:55	12	138	Sennybridge to Llandovery	A40
17	16:40	17:40	01:00	07:55	0	138	Fish & Chips in JT's Fish Bar	Llandovery
							Make your own way home....	